Advanced Heart Failure Referral Guide WHEN TO REFER A PATIENT TO STANFORD HEALTH CARE

Timely care is essential for patients with worsening heart failure. Our team advises a referral for a heart failure evaluation as soon as patients experience:

Ejection fraction less than or equal to 35%



Class III^{*} or IV^{**} heart failure



1+ hospitalization for heart failure in past 6 months

*Symptoms of class III heart failure include: short of breath after walking a block or up a flight of stairs. **Symptoms of class IV heart failure include: short of breath at rest or with minimal activity, such as taking a shower or changing clothes.

How to Refer a Patient to Stanford Health Care's Advanced Heart Failure Clinics

We strive to make it easy to refer and track your patients. Providers can:

- Call the MD Helpline at 866-742-4811.
- Call the Advanced Heart Failure Program 650-724-4942.
- Quickly and seamlessly refer cardiac and vascular patients through the Stanford CVH Flare app. For more information, go to **stanford.flarehealth.app** or call **877-606-3566**.

Your Resource for Patients with Advanced Heart Failure

We offer comprehensive evaluations for people experiencing symptoms of advanced heart failure. We work closely with you to assess your patients and provide recommendations for the next steps in their care.

Learn more at stanfordhealthcare.org/ahfclinic

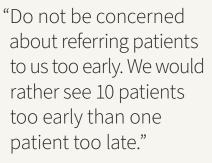


Locations

Pleasanton 5565 W. Las Positas Blvd, Ste 150 Pleasanton, CA 94588

San Jose 2585 Samaritan Dr, Floor 2 San Jose, CA 95124

Stanford 300 Pasteur Dr Stanford, CA 94305



— Jeffery Teuteberg, MD Section Chief of Heart Failure and Consulting Physician

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